





# St. Paul Early Learning Center April 2018

<b>MONDAY</b> <b>2</b>	<b>TUESDAY</b> <b>3</b>	<b>WEDNESDAY</b> <b>4</b>	<b>THURSDAY</b> <b>5</b>	<b>FRIDAY</b> <b>6</b>
B-Cereal/Fruit L-Whole Grain cheese pizza/mix veggies/applesauce S1-cheese cubes/crackers/apple juice S2-animal crackers	B-muffins/banana L-red beans diced ham over brown rice/cornbread/diced pears S1-yogurt/raisins S2-cheezits	B-pancakes/fruit L-roasted turkey/scallop potatoes/green beans/pineapple S1-rice krispie treat/milk S2-goldfish	B-sausage biscuit L-turkey tacos/corn/diced peaches S1-fruit snack/pretzels S2-whole grain cereal	B-Cinnamon Raisin toast L-poppysed chicken/sweet peas/mand. oranges S1-cheddar snack mix/grape juice S2-graham crackers
<b>9</b> B- Cereal/Fruit L-meatloaf with mushroom gravy/over creamed potatoes/blackeyed peas/sliced apples S1-string cheese/crackers/grape juice S2- graham crackers	<b>10</b> B-waffles/fruit L-chicken jambalaya/pinto beans/pineapple S1-Chocolate chip cookie/milk S2- goldfish	<b>11</b> B-Grits L-Ham and cheese on wheat/steamed broccoli/jello with fruit S1-hummas and pretzels S2-oatmeal cookies	<b>12</b> B-cheese toast L-beef a roni/corn/diced pears S1-vanilla wafers/cheese S2- whole grain cereal	<b>13</b> B-eggs L-chicken dumplings/sweet peas/carrots/diced peaches S1-sun nut butter/crackers S2- cheezits
<b>16</b> B- Cereal/Fruit L-BBQ chicken/baked beans/pineapple S1- cheese cubes/crackers/apple juice S2-vanilla wafers	<b>17</b> B- muffins/banana L-steak fingers/scallop potatoes/diced pears S1-yogurt/strawberry chex mix S2- goldfish	<b>18</b> B-oatmeal/blue berries L-turkey/cheese wraps/pinto beans/peaches S1-mixfruit/cheese S2- animal crackers	<b>19</b> B-ham biscuit L-pot roast with veggies over brown rice/mand. oranges S1-gardittos snack mix/juice S2- graham crackers	<b>20</b> B- Cinnamon Raisin toast L-meatball hoagie/baked potato wedges/sliced apples S1-fruit snack/crackers S2- cheezits
<b>23</b> B- Cereal/Fruit L-chicken teriyaki with brown rice/field peas/diced peaches S1- string cheese/crackers/grape juice S2- graham crackers	<b>24</b> B- pancakes/fruit L-chicken nuggets/creamed potatoes/wheat bread/pineapple S1-ricke krispie/milk S2- cheezits	<b>25</b> B- eggs L-baked ham/cheesy potatoes/gr. Beans/diced pears S1-yogurt/raisins S2- whole grain cereal	<b>26</b> B- cheese toast L-chicken spaghetti/English peas/pineapple S1- sun nut butter/crackers S2- goldfish	<b>27</b> B-jelly biscuit L-roast beef on wheat/sweet potatoe fries/jello with fruit S1-cheddar chex mix/juice S2- Chocolate chip cookie
<b>30</b> B- Cereal/Fruit L-Whole grain cheese pizza/corn/sliced apples S1- cheese cubes/crackers/apple juice S2- graham crackers				

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm ( Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack ) \*Fresh Fruit served when Available

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