





# St. Paul Early Learning Center October 2018

<b>MONDAY</b> <b>1</b> B-cereal/milk/NG Bar L-cheeseburgers/tator tots/mand. Oranges S1-yogurt/fruit or granola S2-graham crackers	<b>TUESDAY</b> <b>2</b> B-Pancakes/milk L-baked ham/broccoli & cheese/diced peaches S1-cheese cubes/cracker/juice S2-animal crackers	<b>WEDNESDAY</b> <b>3</b> B-Eggs/milk L-chicken spag./sweet peas/carrots/pineapple S1-moon pie/milk S2-cheezits	<b>THURSDAY</b> <b>4</b> B-jelly biscuit/milk L-beef tacos/black beans/jello w/mixed fruit S1-wow butter/crackers S2-vanilla wafers	<b>FRIDAY</b> <b>5</b> Pumpkin Patch Fieldtrip 
<b>8</b> B- cereal/milk/NG Bar L-BBQ meatballs/baked beans/pears S1-applesauce/raisins S2-oatmeal cookies	<b>9</b> B-muffin/banana/milk L-chicken nuggets/creamed potatoes/diced peaches S1-string cheese/cracker/juice S2- graham crackers	<b>10</b> B-grits/milk L-turkey on wheat/mix veggies/applesauce S1-yogurt w/toppings S2- cheezits	<b>11</b> B-waffles/milk L-meatloaf/scallop potatoes/rolls/pineapple S1-CC cookie/milk S2- goldfish	<b>12</b> CLOSED Staff Development 
<b>15</b> B- cereal/milk/NG Bar L-cheese pizza/mix veggies/applesauce S1-oatmeal pie/milk S2- goldfish	<b>16</b> B- Pancakes/milk L-chicken/rice/field peas/diced pears S1-cheese cubes/cracker/juice S2- graham crackers	<b>17</b> B-Ham Biscuit L-grilled cheese/pinto beans/pineapple cake S1-vanilla wafers/pudding S2- cheezits	<b>18</b> B-Cheesy Eggs L-chili mac/corn/jello w/fruit S1-fruit snacks/pretzels S2-wg cereal	<b>19</b> B-Cinn/Raisin Toast/milk L-ham/cheese wraps/steamed broccoli/diced peaches S1-smores snack mix/water S2- animal crackers
<b>22</b> B- cereal/milk/NG Bar L-chicken teriyaki w/brown rice/sweet peas/pineapple S1-rice krispie treat/milk S2- goldfish	<b>23</b> B-waffles/milk L-spag. w/ meatballs/ corn/ mand. oranges S1-yogurt/raisins S2- graham crackers	<b>24</b> B-Cinn./raisin oatmeal/milk L-roast beef on wheat/swt. Potato fries/applesauce S1-oatmeal cookies/milk S2- cheezits	<b>25</b> B-jelly biscuit/milk L-white chicken chili w/great northern beans/shredded cheese/pears S1-sherbet/pretzels S2- animal crackers	<b>26</b> B-cheese toast L-roasted turkey/scallop potatoes/green bean/mix fruit S1-cheddar snack mix/juice S2-wg cereal
<b>29</b> B- cereal/milk/NG Bar L-chicken wraps/black beans/diced peaches S1-snack mix/juice S2- graham crackers	<b>30</b> B- Pancakes/milk L-red beans w/diced ham over brown rice/pineapple S1- yogurt/fruit or granola S2-goldfish	<b>31</b> B-sausage/eggs L-mac n cheese w/diced ham/field peas/mand. oranges S1-Halloween Snack S2- cheezits		

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm ( Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack ) \*Fresh Fruit served when Available