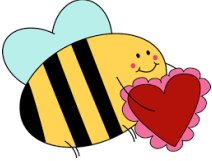


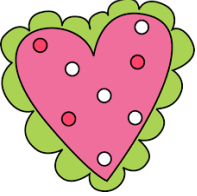

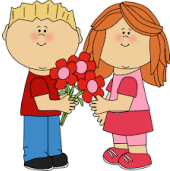


St. Paul Early Learning Center February 2019

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|
|  |  |  |  | <p align="center">1</p> <p>B-Cinnamon Toast/raisins/milk L-WG cheese pizza/mix veggies/diced peaches S1-cereal bar/milk S2-vanilla wafers/pudding/water</p> |
| <p align="center">4</p> <p>B-cornflakes/raisins/milk L-BBQ meatballs/baked beans/diced pears S1-string cheese/crackers/grape juice S2-graham crackers/orange juice</p> | <p align="center">5</p> <p>B-pancakes w/strawberries/milk L-chicken jambalaya/field peas/applesauce S1-soft pretzel/cream cheese dip/water S2-cheezits/tropical fruit</p> | <p align="center">6</p> <p>B-cinnamon oatmeal /milk L-turkey on wheat/steamed broccoli/mand. oranges S1-snack mix/apple juice S2-animal crackers/craisins</p> | <p align="center">7</p> <p>B-muffins/bananas/milk L-beef chili mac/corn/diced pears S1-strawberry/banana yogurt/WG cereal/water S2-goldfish/pineapple juice</p> | <p align="center">8</p> <p>B-ham biscuit/milk L-chicken wraps/onions/peppers/black beans/pineapple S1-wow butter crackers/water S2-WG cereal/milk</p> |
| <p align="center">11</p> <p>B-RC cereal/fruit bar/milk L-white chicken chili w/great northern beans/tomatoes/cheese/diced pears S1-rice krispie bar/milk S2-cheezits/apple juice</p> | <p align="center">12</p> <p>B-waffles/craisins/milk L-meatloaf/gravy/creamed potatoes/green beans/diced pears S1-cheddar cheese cubes/crackers/orange juice S2-graham crackers/mix fruit</p> | <p align="center">13</p> <p>B-grits/orange slices/milk L-baked ham/sweet potatoes/rolls/applesauce S1-vanilla yogurt/granola/milk S2-goldfish/pineapple juice</p> | <p align="center">14</p> <p>B-eggs/wheat toast L-Valentines Parties @ 11 S1-Valentines snacks S2-Valentines snacks</p>  | <p align="center">15</p> <p>B-biscuit/milk/pineapple L-red beans/brown rice/cornbread/mand. oranges S1-cheddar snack mix/grape juice S2-vanilla wafers/pudding/water</p> |
| <p align="center">18</p> <p>B-cornflakes/raisins/milk L-chicken spaghetti w/diced tomatoes/field peas/diced pears S1-WG crackers/string cheese/orange juice S2-oatmeal cookies/milk</p> | <p align="center">19</p> <p>B-pancakes/craisins/milk L-mac-n-cheese w/diced ham/sweet peas/carrots/diced peaches S1-pretzels/sherbet/water S2-cheezits/pineapple juice</p> | <p align="center">20</p> <p>B-oatmeal/raisins/milk L-roast beef on wheat/baked sweet potato fries/applesauce S1-snack mix/grape juice S2-graham crackers/raisins/water</p> | <p align="center">21</p> <p>B-muffins/banana/milk L-beef tacos/corn/mand. oranges S1-yogurt/WG cereal/water S2-goldfish/apple juice</p> | <p align="center">22</p> <p>B-cinn. Raisin toast/milk L-chicken pot pie w/veggies/rolls/pineapple S1-wow butter/crackers/water S2-WG cereal/milk</p> |
| <p align="center">25</p> <p>B-RC cereal/blueberries/milk L-BBQ chicken/baked beans/diced pears S1-WG Crackers/orange slices/water S2-graham crackers/WOW butter/water</p> | <p align="center">26</p> <p>B-Biscuits/tropical fruit/milk L-roasted turkey/cheesy oven potatoes/diced peaches S1-Van. Yogurt/granola topping/water S2-cheezits/orange juice</p> | <p align="center">27</p> <p>B-Waffles/craisins/milk L-grilled cheese on wheat/pinto beans/applesauce S1-cheese cubes/crackers/pineapple juice S2-snackmix/water</p> | <p align="center">28</p> <p>B-cinn. Toast/raisins/milk L-spag. w/meat sauce/corn/mand. oranges S1-vanilla wafers/milk S2-goldfish/grape juice</p> |  |

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available