





# St. Paul Early Learning Center April 2019

<b>MONDAY</b> <b>1</b>	<b>TUESDAY</b> <b>2</b>	<b>WEDNESDAY</b> <b>3</b>	<b>THURSDAY</b> <b>4</b>	<b>FRIDAY</b> <b>5</b>
B-WG cereal/NG bar/milk L-chicken dumplings/sweet peas/carrots/mix fruit S1-cheddar cheese snack/apple juice S2-graham crackers/raisins	B-Pancakes/Craisins/milk L-meatloaf/creamed potatoes/green beans/pineapple S1-rice krispie treats/milk S2-goldfish/juice box	B-Ham Biscuit/milk L-BBQ meatballs/baked beans/rolls/mand. oranges S1-string cheese/crackers/OJ S2-animal crackers/milk	B-muffins/banana/milk L-ham/cheese/on wheat/steamed broccoli/ranch/diced pears S1-yogurt/WG cereal/water S2-cheezits/tropical fruit	B-cheese toast/craisins/milk L-veggie stir fry/brown rice/applesauce S1-WOW butter/crackers/water S2-WG cereal/milk
<b>8</b> B-cornflakes/raisins/milk L-poppysseed chicken/sweet peas/carrots/diced pears S1-cheese cubes/crackers/grape juice S2-vanilla wafers/milk	<b>9</b> B-waffles/strawberries/milk L-roasted turkey/man-n-cheese/field peas/mand. oranges S1-soft baked pretzels/pineapple juice S2-oatmeal cookie/water	<b>10</b> B-eggs/milk L-beef soft taco/cheese/black beans/pineapple S1-snack mix/apple juice S2-graham crackers/milk	<b>11</b> B- muffins/banana/milk L-roast/gravy/creamed potatoes/green beans/diced peaches S1- yogurt/fruit/granola/water S2-cheezits/juice box	<b>12</b> B-cinn. Toast/milk L-WG cheese pizza/corn/applesauce S1-sherbert/animal crackers/water S2-goldfish/tropical fruit
<b>15</b> B-RC cereal/blueberries/milk L-BBQ chicken/baked beans/diced pears S1-string cheese/crackers/grape juice S2-moon pie/milk	<b>16</b> B-pancakes/craisins/milk L-red beans/brown rice/cornbread/mand. oranges S1-WOW butter/crackers/water S2-cheezits/apple juice	<b>17</b> B-biscuits/jelly/milk L-roast beef on wheat/baked sweet pot. Fries/diced pears S1-EASTER Classroom Snacks S2-Goldfish/water	<b>18</b> B- muffins/banana/milk L-Baked ham/sweet potatoes/rolls/pineapple S1- yogurt/WG cereal/water S2-graham crackers/water	<b>19</b>  <b>GOOD FRIDAY</b> Center Closed
<b>22</b> B- WG cereal/NG bar/milk L-chicken teriyaki/sweet peas/carrots/diced pears S1-cheese cubes/crackers/apple juice S2-graham crackers/WOW butter	<b>23</b> B-cheese toast/milk L-baked chicken/creamed potatoes/green beans/mand. oranges S1-yogurt/granola/water S2-cheezits/tropical fruit	<b>24</b> B- eggs/milk L-bean burritos/cheese/mix veggies/applesauce S1-Cheddar snack mix/grape juice S2-CC cookies/milk	<b>25</b> B- muffins/banana/milk L-Chicken/broccoli/pasta/rolls/pineapple S1-sherbert/animal crackers/water S2-goldfish/juice box	<b>26</b> B-Waffles/milk L-turkey/cheese on wheat/tator tots/diced peaches S1-pretels/hummus S2-vanilla wafers/milk
<b>29</b> B-cornflakes/raisins/milk L- WG cheese pizza/corn/tropical fruit S1-rice krispie/milk S2-cheezits/juice box	<b>30</b> B-pancakes/milk L-chicken spag./field peas/mand. oranges S1-snack mix/apple juice S2-oatmeal cookies/milk			

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm ( Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack ) \*Fresh Fruit served when Available. Age appropriate food substitutions are made when necessary