

St. Paul Early Learning Center February 2020

MONDAY 3	TUESDAY 4	WEDNESDAY 5	THURSDAY 6	FRIDAY 7
B-WG cereal/WG cereal bar/milk L- red beans and rice/cornbread/tropical fruit S1- cheese cubes/crackers/grape juice S2-animal crackers/milk	B- cheesy grits/milk L- turkey/cheese on wheat/steamed broccoli/applesauce S1-WG tortilla chips/salsa/water S2-graham crackers/milk	B-waffles/fruit/milk L- white chicken chili/crackers/diced peaches S1- CC cookies/milk S2-goldfish/water	B- muffins/pineapple/milk L- soft taco/corn/diced pears S1- yogurt/wg dry cereal/water S2-cheese crackers/applejuice	B-jelly biscuit/milk L-beef sliders/baked beans/mand. oranges S1-Gardetto snack mix S2-vanilla wafers/water
10 B- WG cereal/blueberries/milk L- chicken teriyaki/brown rice/field peas/mix fruit S1- moon pie/milk S2-cheezits/water	11 B- ham biscuits/milk L- BBQ meatballs/baked beans/rolls/pineapple S1- string cheese/WG crackers/grape juice S2-graham crackers/milk	12 B-Pancakes/craisins/milk L- WG cheese pizza/corn/applesauce S1- cheddar snack mix/orange juice S2-oatmeal cookies/water	13 B- muffins/mand. Oranges/milk L-baked ham/roll/green beans/diced peaches S1- yogurt/granola/water S2-WG cereal/milk	14 B- eggs/WG toast/milk L- Chicken Alfredo/sweet peas/carrots/tropical fruit S1- valentine's snack S2-goldfish/water 
17 B- WG cereal/WG cereal bar/milk L- BBQ chicken/rolls/baked beans/sliced peaches S1- cheese cubes/crackers/pineapple juice S2-graham crackers/water	18 B- Cinn. Oatmeal/milk L- turkey roast/veggies and brown rice/diced pears S1- snack mix/orange juice S2-rice krispie treats/milk	19 B- waffles/craisins/milk L- turkey/cheese wraps/black beans/tropical fruit S1- animal cookies/chocolate pudding/water S2-cheezits/apple juice	20 B- muffins/sliced apples/milk L- meatloaf/creamed potatoes/green beans/pineapple S1- yogurt/WG cereal/water S2-vanilla wafers/milk	21 B- jelly biscuit/milk L-roast beef on wheat/sweet potato fries/mand. oranges S1- hummus/pretzels/grape juice S2-goldfish/water
24 B- WG cereal/Blueberries/milk L- Ravioli/corn/rolls/mixed fruit S1- CC cookies/milk S2-animal crackers/raisins/water	25 B- ham biscuits/milk L- chicken jambalaya/field peas/rolls/sliced peaches S1-string cheese/crackers/water S2-graham crackers/milk	26 B- pancakes/fruit/milk L- mac-n-cheese/sweet peas/carrots/pineapple S1- strawberry yogurt snack mix/milk S2-cheezits/water	27 B- muffins/tropical fruit/milk L-baked ham/rolls/green beans/mandarin oranges S1- yogurt/granola/water S2-WG cereal/milk	28 B- eggs/milk L- grilled cheese/pinto beans/applesauce S1- wow butter/crackers/water S2-goldfish/pineapple juice
				

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available