

## Gross Motor Activities FOR JUNE 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Ocean</b>	<p>1 Water Play. Encourage the children to play with water.</p>	<p>2 Block Building. Have the kids build w/small and large blocks.</p>	<p>3 Spray Bottle. Paint w/bottle on the concrete floor with blue colors.</p>	<p>4 Soccer. Encourage the children to play soccer outside.</p>	<p>5 Dancing with musical instrument. <a href="https://www.understood.org/">https://www.understood.org/</a></p>
<b>Summer Fun</b>	<p>8 Nature Walk. Have children to go on a walk and explore outside and enjoy.</p>	<p>9 Pushing and pulling with different objects.</p>	<p>10 TRANPOLINES  <a href="https://www.understood.org/">https://www.understood.org/</a></p>	<p>11 Playing Music and start singing. Head, Shoulder, Knees and Toes.</p>	<p>12 BALLON AND WATER PLAY  <a href="https://www.understood.org/">https://www.understood.org/</a></p>
<b>Happy Father's Day !</b>	<p>15 Bean Bags. Have kids toss a bean bag into a basket or box.</p>	<p>16 TRICYCLE SCOOTERS AND PEDEL. <a href="https://www.understood.org/">https://www.understood.org/</a></p>	<p>17 Running after your parents. Have fun with each other.</p>	<p>18 PLAY GROUND PLAY.  <a href="https://www.understood.org/">https://www.understood.org/</a></p>	<p>19 Block Jumping. Have children try and jump over the block using their feet.</p>
<b>Camping</b>	<p>22 HOPSCOTCH.  <a href="https://www.understood.org/">https://www.understood.org/</a></p>	<p>23 Cleaning Time. Encourage the children to help you clean.</p>	<p>24 OBSTACLE COURSES.  <a href="https://www.understood.org/">https://www.understood.org/</a></p>	<p>25 Riding bikes. Encourage the kids to peddle using their feet.</p>	<p>26 Make your own camping tent with some blankets at home.</p>
<b>End Year Wrap Up</b>	<p>29 Balance. Ask the kids to balance on one foot.</p>	<p>30 DANCING.  <a href="https://www.understood.org/">https://www.understood.org/</a></p>			