

# St. Paul Early Learning Center Menu August 2020

<b>MONDAY</b> <b>3</b> B-Cereal/milk/fruit L-red and beans/rice/cornbread/ diced pears S2-cheese crackers/water	<b>TUESDAY</b> <b>4</b> B-eggs/milk L-chicken alfredo/sweet peas/carrots/mand. oranges S1-snack mix/pineapple juice S2-graham crackers/water	<b>WEDNESDAY</b> <b>5</b> B-waffles/fruit/milk L-turkey on wheat/great northern beans/diced peaches S1-cheese cubes/crackers/grape juice S2-cc cookies/water	<b>THURSDAY</b> <b>6</b> B-muffins/banana/milk L-beef sliders/baked beans/applesauce S1-yogurt/cereal/water S2-goldfish/water	<b>FRIDAY</b> <b>7</b> B-ham biscuit/milk L-meatballs/gravy/creamed potatoes/green beans/pineapple S1-cheddar chex mix/apple juice S2-animal crackers/water
<b>10</b> B- Cereal/milk/fruit L-chicken dumplins/sweet peas/carrots/mix fruit S1-vanilla wafers/banana pudding S2-cheezits/water	<b>11</b> B-oatmeal/milk L-roast beef on wheat/sweet pot. fries/diced pears S1-string cheese/crackers/grape juice S2-graham crackers/water	<b>12</b> B-pancakes/fruit/milk L-baked ham/rolls/black eyed peas/applesauce S1-rice krispie treats/milk S2-goldfish/water	<b>13</b> B-muffins/craisins/milk L-BBQ chicken/baked beans/pineapple S1-wow butter crackers/water S2-strawberry chex mix/water	<b>14</b> B-Cinn. Raisin toast/milk L-sloppy joe sliders/corn/diced peaches S1-vanilla yogurt/granola/water S2-WG cereal/water
<b>17</b> B- Cereal/milk/fruit L-chicken jambalaya/black eyed peas/mand. oranges S1-chocolate pudding/animal crackers/water S2-cheese crackers/water	<b>18</b> B- eggs/milk L-turkey wraps/steamed broccoli/crushed pineapple S1-cheddar snack mix/apple juice S2-oatmeal pie/water	<b>19</b> B-waffles/fruit/milk L-wg cheese pizza/corn/diced pears S1-cheese cubes/crackers/pineapple juice S2-graham crackers/water	<b>20</b> B- muffins/banana/milk L-grilled cheese on wheat/pinto beans/applesauce S1-yogurt/cereal/water S2-vanilla wafers/water	<b>21</b> B-cheese toast/craisins/milk L-beef ravioli/green beans/rolls/peaches S1-gardettos snack mix/water S2- goldfish/water
<b>24</b> B- Cereal/milk/fruit L-mac-n-cheese w/diced ham/sweet peas/pineapple S1-oatmeal cookies/milk S2-cheezits/water	<b>25</b> B-Cinn. Raisin toast/milk L-meatloaf/creamed potatoes/black eyed peas/mand. oranges S1- string cheese/crackers/grape juice S2-animal crackers/water	<b>26</b> B- eggs/milk L-white chicken chili w/crackers/diced peaches S1-pretzels/hummus/water S2-graham crackers/water	<b>27</b> B-grits/milk L-beef tacos/corn/diced pears S1-vanila yogurt/granola/water S2- goldfish/water	<b>28</b> B-muffins/milk L-baked ham/green beans/rolls/applesauce S1-cc cookies/milk S2-wg cereal/water
<b>31</b> B- Cereal/milk/fruit L-chicken spaghetti/sweet peas/mix fruit S1- vanilla wafers/banana pudding S2-cheezits/water				

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm ( Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack ) \*Fresh Fruit served when Available