





St. Paul Early Learning Center September 2020

<p>MONDAY</p> 	<p>TUESDAY 1</p> <p>B-Pancakes/milk L-turkey on wheat/pinto beans/mandarin oranges S1-snack mix/pineapple juice S2-graham crackers/water</p>	<p>WEDNESDAY 2</p> <p>B-Biscuits/jelly/milk L-Chicken jambalaya/black eyed peas/pineapple S1-cheese cubes/crackers/grape juice S2-cc cookies/water</p>	<p>THURSDAY 3</p> <p>B-muffins/banana/milk L-meatballs/gravy/creamed potatoes/rolls/diced peaches S1-yogurt cup/cereal/water S2-goldfish/water</p>	<p>FRIDAY 4</p> <p>B-eggs/milk L-grilled cheese/steamed broccoli/diced pears S1-cheddar snack mix/apple juice S2-animal crackers/water</p>
<p>7</p> <p>LABOR DAY</p> 	<p>8</p> <p>B-Cereal/fruit/milk L-red beans/rice/diced ham/cornbread/tropical fruit S1-ice cream cups/water S2-cheezits/water</p>	<p>9</p> <p>B-waffles/fruit/milk L-baked ham/rolls/sweet potatoes/diced pears S1-cheese cubes/crackers/pineapple juice S2-graham crackers/water</p>	<p>10</p> <p>B-muffins/craisins/milk L-BBQ chicken/baked beans/pineapple S1-vanilla yogurt/granola/water S2-WG cereal/water</p>	<p>11</p> <p>B-cheese toast/craisins/milk L-Sloppy joe sliders/corn/diced peaches S1-WOW butter/crackers/water S2-strawberry chex mix</p>
<p>14</p> <p>B- Cereal/fruit/milk L-chicken wraps/black beans/pineapple S1-snack mix/apple juice S2-animal crackers/water</p>	<p>15</p> <p>B-pancakes/fruit/milk L-cheese pizza/corn/mandarin oranges S1-string cheese/crackers/grape juice S2-graham crackers/water</p>	<p>16</p> <p>B-ham biscuits/milk L-roast beef on wheat/sweet pot. fries/applesauce S1-rice krispie treats/milk S2-cheezits/water</p>	<p>17</p> <p>B-muffins/banana/milk L-beef a roni/green beans/diced peaches S1-yogurt cup/cereal/water S2-vanilla wafers/water</p>	<p>18</p> <p>B-eggs/milk L-chicken jambalaya/diced pears S1-mix fruit cup/crackers/water S2-goldfish/water</p>
<p>21</p> <p>B- Cereal/fruit/milk L-chicken alfredo/sweet peas/carrots/diced peaches S1-snack mix/grape juice S2-vanilla wafers/water</p>	<p>22</p> <p>B-cinn. Raisin toast/ilk L-turkey/cheese wraps/mix fruit S1-cheese crackers/pineapple juice S2-graham crackers/water</p>	<p>23</p> <p>B-waffles/fruit//milk L-grilled cheese/pinto beans/pineapple S1-sherbert/pretzels/water S2-goldfish/water</p>	<p>24</p> <p>B-muffins/fruit/milk L-roast/gravy/rice/great northern beans/diced pears S1-vanilla yogurt/granola/water S2-cheddar chex mix/water</p>	<p>25</p> <p>B-biscuits/milk L-baked ham/rolls/green beans/mand. oranges S1-oatmeal cookie/milk S2-cheezits/water</p>
<p>28</p> <p>B- Cereal/fruit/milk L-mac-n-cheese/diced ham/sweet peas/diced carrots/pineapple S1-vanilla wafers/banana pudding/water S2-animal crackers/water</p>	<p>29</p> <p>B-pancakes/fruit/milk L-teriyaki chicken/rice/black eyed peas/diced peaches S1-string cheese/crackers/grape juice S2-cc cookies/water</p>	<p>30</p> <p>B-eggs/milk L-turkey on wheat/mix veggies/applesauce S1-chocolate pudding/pretzels/water S2- graham crackers/water</p>		

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available