

St. Paul Early Learning Center November 2020

MONDAY 2 B-Cereal/Fruit/Milk L-chicken noodle soup/crackers/sweet peas/diced carrots/peaches S1-oatmeal cookies/milk S2-cheezits/water	TUESDAY 3 B-pancakes/fruit/milk L-meatloaf/creamed potatoes/field peas/oranges S1-cheese crackers/apple juice S2-animal crackers/water	WEDNESDAY 4 B-biscuit/jelly/milk L-ham/cheese wraps/steamed broccoli/applesauce S1-banana pudding/vanilla wafers/water S2-graham crackers/water	THURSDAY 5 B-eggs/milk L-baked chicken/baked beans/rolls/diced pears S1-vanila yogurt/granola/water S2- goldfish/water	FRIDAY 6 B-cheese toast/milk L-sloppy joe sliders/baked sweet potato fries/mix tropical fruit S1-snack mix/pineapple juice S2-strawberry yogurt mix/water
9 B- Cereal/Fruit/Milk L-red beans/ rice/cornbread/man. oranges S1-rice krispie/milk S2-cheezits/water	10 B-Oatmeal/milk L-roasted turkey/rolls/green beans/pears S1-string cheese/crackers/grape juice S2-graham crackers/water	11 B-waffles/fruit/milk L-roast beef on wheat/field peas/applesauce S1-snack mix/water S2-wg cereal/water	12 B-muffins/banana/milk L-meatballs/creamed potatoes/rolls/pineapple S1-yogurt cup/cereal/water S2-animal crackers/water	13 B-cinn. Raisin toast/milk L-chili w/beans/ crackers/corn/mix fruit S1-CC cookies/milk S2-goldfish/water
16 B- Cereal/Fruit/Milk L-white chicken chili/crackers/mand. oranges S1-cheese cubes/crackers/grape juice S2-graham crackers/water	17 B-eggs/milk L-grilled cheese/pinto beans/applesauce S1-moon pie/milk S2-cheezits/water	18 B- pancakes/fruit/milk L-beef a roni/corn/pineapple S1-snack mix/water S2-vanilla wafers/water	19 B- muffins/craisins/milk L-baked ham/rolls/sweet potato souffle/fruit cup S1-van. Yogurt/granola/water S2-goldfish/water	20 B-ham biscuit/milk L-cheese pizza/corn/diced peaches S1-hummus/pretzels/pineapple juice S2-zoo crackers/water
23 B- Cereal/Fruit/Milk L-chicken alfredo/sweet peas/carrots/mand. oranges S1- string cheese/crackers/grape juice S2-graham crackers/water	24 B- waffles/fruit/milk L-turkey/cheese on wheat/ diced pears S1-yogurt/cereal/water S2-cheezits/water	25 CLOSED 	26 	27 Closed 
30 B- Cereal/Fruit/Milk L-chicken dumplings/sweet peas/carrots/peaches S1-cheese cubes/crackers/apple juice S2-oatmeal cookies/water				

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available
 ++denotes age appropriate food substitutions for under age 2