

St. Paul Early Learning Center July 2021

| <p>MONDAY</p>  | <p>TUESDAY</p>  | <p>WEDNESDAY</p>  | <p>THURSDAY</p> <p>1</p> | <p>FRIDAY</p> <p>2</p> |
|---|---|---|---|--|
| <p>5</p> <p>Center Closed</p> | <p>6</p> <p>B-cereal/blueberries/milk L-creamy chicken and rice/sweet peas/carrots/mandarin oranges S1-string cheese/crackers/apple juice S2-zoo crackers/water</p> | <p>7</p> <p>B-apple slices/oatmeal/milk L-bean & cheese burritos/broccoli/pineapple S1-oatmeal cookies/milk S2-goldfish/water</p> | <p>8</p> <p>B-biscuits/ham/milk L-meatloaf/mashed potatoes/green beans/diced pears S1-pretzels/sliced apples S2-cheezits/water</p> | <p>9</p> <p>B-waffles/strawberries/milk L-baked turkey/baked sweet potatoes/applesauce S1-Strawbery yogurt/water S2-graham crackers/water</p> |
| <p>12</p> <p>B- biscuits/milk L-BBQ chicken/baked beans/rolls/diced peaches S1-cheese cubes/crackers/grape juice S2-WG cereal/water</p> | <p>13</p> <p>B-pancakes/strawberries/milk L-baked ham/sweet potatoes/rolls/diced pears S1-sherbert/pretzels/water S2-goldfish/water</p> | <p>14</p> <p>B-cereal/fruit/milk L-roast beef on wheat/pinto beans/mand. oranges S1-vanilla wafers/banana/water S2-cheezits/water</p> | <p>15</p> <p>B-muffins/banana/milk L-mac-n-cheese/sweet peas/carrots/pineapple S1-vanilla yogurt/water S2-graham crackers/water</p> | <p>16</p> <p>B-cinnamon toast/raisins/milk L-sloppy joe/corn/applesauce S1-snack mix/pineapple juice S2-zoo crackers/water</p> |
| <p>19</p> <p>B-waffles/strawberries/milk L-chicken tetrazzini/sweet peas/carrots/peaches S1-rice krispie treats/milk S2-WG cereal/water</p> | <p>20</p> <p>B-biscuits/milk L-cheeseburgers/baked fries/diced pears S1-string cheese/crackers/apple juice S2-graham crackers</p> | <p>21</p> <p>B-grits/milk L-chicken jambalaya/field peas/pineapple S1-oatmeal cookies/milk S2-cheezits/water</p> | <p>22</p> <p>B-cereal/milk L-turkey/cheese on wheat/green beans/applesauce S1-yogurt cups/cereal/water S2-goldfish/water</p> | <p>23</p> <p>B-cheese toast/craisins/milk L-roast/potatoes w/gravy/mix veggies/mand. oranges S1-snack mix/grape juice S2-vanilla wafer/water</p> |
| <p>26</p> <p>B- cinnamon toast/raisins/milk L-chicken wraps/black beans/mix fruit S1- cheese cubes/crackers/apple juice S2-zoo crackers/water</p> | <p>27</p> <p>B-pancakes/milk L-grilled cheese/pinto beans/jello w/fruit S1-pretzels/sherbert/water S2-graham crackers/water</p> | <p>28</p> <p>B-eggs/milk L-BBQ meatballs/baked beans/diced peaches S1-cheese cube/cracker/pineapple juice S2-vanilla wafers/water</p> | <p>29</p> <p>B-muffins/banana/milk L-dirty rice/field peas/mand. oranges S1-vanilla yogurt/granola/water S2-goldfish/water</p> | <p>30</p> <p>B-cereal/fruit/milk L-cheese pizza/corn/applesauce S1-snack mix/grape juice S2-rice krispie treats/water</p> |

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available