


St. Paul Early Learning Center Menu August 2021

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
B-Cereal/Fruit/Milk L-Red Beans/Brown Rice/Cornbread/Diced Pears S1-String Cheese/Crackers/Grape Juice S2-Oatmeal Cookies/Milk	B-Waffles/strawberries/milk L-Eggs/Diced Ham/Toast/Pineapple S1-Pretzels/Sliced Apples/Water S2-Zoo Crackers/Water	B-Grits/orange slices/milk L-Ham/Cheese on Wheat/broccoli/applesauce S1-Fruit Bars/Milk S2-Goldfish/Water	B-Biscuit/Ham/Milk L-Chicken/Dumplings/Sweet Peas/mix fruit S1-Strawberry Yogurt/Cereal S2-Graham Crackers/Water	B-Blueberry Muffin/Milk L-beef taco/corn/diced peaches S1-cheddar snack mix/apple juice S2-WG cereal/water
9 B-Biscuits/Jelly/Milk L-Baked Chicken/Green Beans/Rolls/Diced Pears S1-Rice Krispie Treats/Milk S2-Goldfish/Water	10 B-Pancakes/Craisins/Milk L-Pizza/corn/applesauce S1-cheese cubes/crackers/pineapple juice S2-zoo crackers/water	11 B- Cereal/Fruit/Milk L-Mac-N-Cheese/meatballs/diced peaches S1-vanilla wafers/banana/water S2-cheezits/water	12 B-Muffins/Milk L-Turkey/Cheese on wheat/oven fries/pineapple S1-Van. Yogurt/granola/water S2-WG cereal water	13 B-Cheese Toast/Milk L-Roast/creamed potatoes/mix veggies/mand. oranges S1-snack mix/grape juice S2-graham crackers/water
16 B- Cereal/Fruit Bar/Milk L-Cheese Pizza/corn/diced pears S1-string cheese/crackers/grape juice S2-zoo crackers/water	17 B-Cinn.Toast/Raisins/Milk L-BBQ chicken/baked beans/rolls/diced peaches S1-vanilla wafers/milk S2-cheezits/water	18 B- Biscuits/Jelly/Milk L-ham/cheese on wheat/great northern beans/pineapple S1-WOW butter/crackers/water S2-strawberry chex mix/water	19 B- Muffins/Milk L-meatloaf/creamed potatoes/green beans/jello w/mix fruit S1-Strawberry Yogurt/Water S2-graham crackers/water	20 B-Waffles/Craisins/Milk L-grilled cheese/pinto beans/applesauce S1-rice krispie treats/milk S2-goldfish/water
23 B- Cereal/Fruit/Milk L-teriyaki chicken/field peas/pineapple S1-oatmeal cookies/milk S2-cheezits/water	24 B-Biscuits/Ham/Milk L-pizza/mix veggies/diced peaches S1-cheese cubes/crackers/apple juice S2-graham crackers/water	25 B-Eggs/Milk L-roast beef on wheat/oven fries/pears S1-vanilla wafers/banana/water S2-goldfish/water	26 B-Muffins/Banana/Milk L-beef a roni/corn/rolls/mand. oranges S1-van. Yogurt/granola/water S2-wg cereal/water	27 B-Pancakes/Strawberries/Milk L-turkey/cheese wraps/black beans/applesauce S1-snack mix/pineapple juice S2-zoo crackers/water
30 B-Biscuits/Jelly/Milk L-chicken spaghetti/sweet peas/carrots/pineapple S1-string cheese/crackers/grape juice S2-vanilla wafers/water	31 B- Cereal/Fruit/Milk L-sloppy joe/oven baked fries/mix fruit S1-sherbert/pretzels/water S2-graham crackers/water			

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available