St. Paul Early Learning Center April 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B-cinn raisin toast/milk L-cheese pizza/corn/pineapple S1-smores snack mix/milk S2-pretzel goldfish/water
4 B-kix cereal/raisins/milk L-baked chicken/rolls/green beans/diced pears/milk S1-cheese cubes/crackers/apple juice S2-s/b yogurt chex mix/water	5 B-pancakes/craisins/milk L-scrambled eggs with diced ham/wheat toast/diced peaches S1-fig bars/milk S2-goldfish/water	6 B-biscuits/jelly/milk L-turkey cheese wraps/steamed broccoli/applesauce/milk S1-pretzel/hummus/grape juice S2-graham crackers/water	7 B-muffins/banana/milk L-meatballs/creamed potatoes/greens/mandarin oranges/milk S1-vanilla yogurt/ granola S2-cheezits/water	8 B-cheese toast/craisins/milk L-red beans/rice/cornbread/pineapple S1-oatmeal/cookies/milk S2-snack mix/water
11 B-rice krispie cereal Blueberries/milk L-chicken jambalaya/black-eyed Peas/diced peaches/milk S1-string cheese/crackers/grape juice S2-graham crackers/water	12 B-waffles/strawberries/milk L-mac-n-cheese with diced ham/mix fruit/milk S1-rice krispie treats/milk S2-goldfish/water	13 B-biscuits/ham/milk L-roast beef on wheat/sweet Potato fries/applesauce S1-Easter snacks S2-use leftover snacks in room	14 B-Muffins/milk L-beef tacos with cheese/corn/mandarin oranges S1-s/b yogurt/cereal/water S2-cheezits/water	15 Center Closed GOOD FRIDAY
18 B-cornflakes/raisins/milk L-chicken alfredo/sweet peas Pineapple/milk S1-cheese cubes/crackers/apple juice S2-vanilla wafers/water 25 B-kix cereal/raisins/milk L-meatballs in spaghetti sauce/on pasta/corn/mix fruit/milk	 19 B-pancakes/craisins/milk L-beef sliders/baked beans/diced pears/milk S1-oatmeal cookies/milk S2-goldfish/water 26 B-cinn raisin toast/milk L-chicken wraps/black beans/pineapple/milk 	 20 B-eggs/milk L-roast/gravy/creamed potatos/green beans/diced peaches/milk S1-snack mix/grape juice S2-zoo crackers/water 27 B- waffles/strawberries/milk L-turkey/cheese on wheat/baked fries/diced pears/milk 	21 B-muffins/banana/milk L-cheese pizza/corn/applesauce S1-vanilla yogurt/granola/water S2-cheezits/water 28 B-muffins/milk L-bbq chicken/baked beans/diced peaches/milk	22 B-biscuits/jelly/milk L-ham/cheese on wheat/steamed broccoli/mandarin oranges/milk S1-wow butter/crackers/water S2-s/b yogurt/ chex mix/water 29 B-biscuits/ham/milk L-grilled cheese/pinto beans/mandarin oranges/milk
S1-string cheese/apple juice S2-vanilla wafers/water	S1-pretzel goldfish/water S2-graham crackers/water	S1-rice krispie treats/milk S2-cheezits/water	S1-/s/b yogurt/cereal/milk S2-animal crackers/water	S1-smores snack mix/milk S2-goldfish/water

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available. Age appropriate food substitutions are made when necessary