





# St. Paul Early Learning Center July 2022

<p>MONDAY</p> 	<p>TUESDAY</p> 	<p>WEDNESDAY</p> 	<p>THURSDAY</p>	<p>FRIDAY</p>
<p>4</p> <p>Center Closed</p> 	<p>5</p> <p>B-cereal bars/milk L-wow butter/on wheat /steam veggies/peaches S1-oatmeal cookie/milk S2-goldfish/water</p>	<p>6</p> <p>B-waffles/craisins/milk L-turkey/cheese wraps/black beans/applesauce/milk S1-fig bar/water S2-cheezits/water</p>	<p>7</p> <p>B-muffins/bananas/milk L-roast beef/cheese sliders/green beans/pineapple/milk S1- yogurt cups/cereal/water S2-animal crackers/water</p>	<p>1</p> <p>B-muffins/milk L-ham/cheese on wheat/fruit cup S1-snack mix/water S2-honeycomb cereal/water</p> <p>8</p> <p><b>B-biscuits/jelly/milk</b> L-grilled cheese/pinto beans/peaches/milk S1-snack mix/water S2-rice krispie treats/water</p>
<p>11</p> <p>B-rice krispie cereal/b/b/milk L-chicken jambalaya/sweet peas/diced pears/milk S1-cheese cubes/crackers/grape juice S2-graham crackers/water-</p>	<p>12</p> <p>B-cheese toast/craisins/milk L-meatloaf/creamed potatos Field peas/pineapple/milk S1-chips/salsa/water S2-vanilla wafers/water</p>	<p>13</p> <p>B-biscuits/jelly/milk L-ham/cheese/on wheat/applesauce/ broccoli/with ranch/milk S1-fig/bar/milk S2-goldfish/water</p>	<p>14</p> <p>B-eggs/toast/milk L-baked chicken/rolls/green beans/diced peaches/milk S1 vanilla yogurt/granola/water- S2-cheezits/water</p>	<p>15</p> <p>B-pancakes/s/b/milk L-pizza/corn/mandarin oranges S1-pretzels/hummus/water S2-animal crackers/water</p>
<p>18</p> <p>B-cornflakes/raisin/milk L-cheese pizza/corn Diced pears/milk S1-rice krispie treats/milk S2-s/b yogurt snack mix/water</p>	<p>19</p> <p>B-waffles/craisins/milk L-bbq chicken/baked beans/rolls/pineapple S1-string cheese/crackers/apple juice S2-vanilla wafers/water</p>	<p>20</p> <p>B-biscuits/jelly/milk L-turkey /cheese on wheat black- eyed peas/applesauce/milk S1-snack mix/water S2-goldfish/water</p>	<p>21</p> <p>B-muffins/bananas/milk L-roast/gravy/creamed potatoes/mix veggies/diced peaches/milk S1s/b yogurt/cereal/water- S2-cheezits/water</p>	<p>22</p> <p>B-cinn. raisin toast/milk L-baked ham/rolls/green beans/mandarin oranges/milk S1-chips/salsa/water S2-animal crackers/water</p>
<p>25</p> <p>B-kix cereal/milk L-chicken spaghetti/sweet peas/mix fruit/milk S1cheese cubes/crackers/grape juice- S2-fig bars/water</p>	<p>26</p> <p>B-pancakes/s/b/milk L-red beans/diced ham over brown rice/pineapple/milk S1-snack mix/water S2-graham crackers/water</p>	<p>27</p> <p>B-biscuits/jelly/milk L-baked chicken/rolls/green beans/diced peaches/milk S1-oatmeal cookies/milk S2-goldfish/water</p>	<p>28</p> <p>B-eggs/milk L-ham/cheese on wheat/broccoli/applesauce/milk S1-van yogurt/granola/water S2-vanilla wafers/water</p>	<p>29</p> <p>B-cinnamon raisin toast/milk L-soft tacos/cheese/corn/mandarin oranges/milk S1-rice krispie treats/milk S2-cheezits/water</p>

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm ( Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack ) \*Fresh Fruit served when Available