
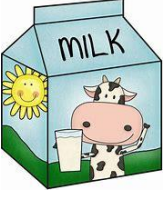


St. Paul Early Learning Center Menu August 2022

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
B-cornflakes/raisins/milk L-eggs/ canadian bacon/toast/applesauce/milk S1-string cheese/crackers/g juice S2-graham crackers/water	B-waffles/strawberries/milk L-chicken jamb./sweet peas/carrots/diced peaches/milk S1-vanilla wafers/milk S2-cheezits/water	B-cheese toast/craisins/milk L-hamburger steak/gravy/creamed potatoes/black-eyed peas/mandarin oranges/milk S1-smores snack mix/water S2-animal crackers/water	B-biscuits/jelly/milk L-sloppy joe sliders/baked beans/pineapple/milk S1-s/b yogurt/cheerios/water S2-goldfish/water	B-muffins/milk L-SACK LUNCH Turkey/cheese on wheat S1-applesauce cups/pretzels/water S2-rice krispie treats/water
8 B-cereal bars/milk L-SACK LUNCH Wow butter/jelly on wheat S1-cheese cubes/crackers/water S2-oatmeal cookies/water	9 B-eggs/toast/milk L-ham/cheese wraps Field peas/applesauce/milk S1-snack mix/pineapple juice S2-graham crackers/water	10 B-muffins/banana/milk L-mac-n-cheese/sweet peas and diced carrots/mandarin oranges/milk S1- bean dip with chips/water S2-vanilla wafers/water	11 B-ham biscuits/milk L-poppy seed chicken casserole/green beans/diced pears/milk S1-vanilla yogurt/granola/water S2-cheezits/water	12 B-pancakes/strawberries/milk L-grilled cheese/steamed broccoli/pineapple/milk S1-rice krispie treats/milk S2-goldfish/water
15 CENTER CLOSED PROFESSIONAL DEVELOPEMENT	16 B-cereal/raisins/milk L-chicken teriyaki/mix veggies/applesauce/milk S1-string cheese/crackers/a. juice S2-animal crackers/water	17 B-grits/milk L-roast beef/cheese/ on wheat/baked sweet pot fries/diced pears/milk S1-vanilla wafers/milk S2-cheezits/water	18 B-cinnamon raisin toast/milk L-beef-a-roni corn/mandarin oranges/milk S1-sb/b yogurt/cheerios/water S2-graham crackaers/water	19 B-waffles/craisins/milk L-bbq chicken/baked beans/rolls/diced peaches/milk S1-smores snack mix/water S2-oatmal cookies/water
22 B-ricekrispie cereal blueberries/milk L-cheese pizza/corn/diced pears/milk S1-ricekrispie treats/milk S2-goldfish/water	23 B-ham biscuit/milk L-red beans/brown rice/combread/mandarin oranges/milk S1-cheese cubes/crackers/a. juice S2-graham crackers/water	24 B-pancakes/strawberries/milk L-baked chicken/rolls/steamed/broccoli/diced peaches/milk S1-pretzels with hummus/water S2-animal crackers/water	25 B-muffins/bananas/milk L-meatballs in spaghetti sauce/ over pasta/black-eyed peas/pineapple/milk S1-vanilla yogurt/granola/water S2-cheezits/water	26 B-cinnamon raisin toast/milk L-turkey/cheese on wheat/green beans/applesauce/milk S1-snack mix/grape juice S2-vanilla wafers/water
29 B-cornflakes/raisins/milk L-chicken tetrazzini/sweet peas diced carrots/diced pears/milk S1-oatmeal cookies/milk S2-goldfish/water	30 B-waffles/strawberries/milk L-baked ham/ rolls/sweet pot. casserole/pineapple/milk S1-string cheese/ crackers apple juice S2-graham crackers/water	31 B-biscuits/jelly/milk L-soft tacos/cheese/corn/mandarin oranges/milk S1-wow butter crackers/water S2-rice krispie treats/water		

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available