





St. Paul Early Learning Center September 2022

<p>MONDAY</p> 	<p>TUESDAY</p> 	<p>WEDNESDAY</p> 	<p>THURSDAY</p> <p>1</p>	<p>FRIDAY</p> <p>2</p>
<p>5</p> <p>LABOR DAY</p> 	<p>6</p> <p>B-rice krispie cereal/blueberries/milk L-chicken jamb./mix veggies/pineapple/milk S1-cheese cubes/crackers/juice S2-graham crackers/water</p>	<p>7</p> <p>B-biscuits/jelly/milk L-turkey/cheese/on wheat/steam broccoli/mix fruit/milk S1-snack mix/water S2-vanilla wafers/water</p>	<p>8</p> <p>B-cinn raisin toast/milk L-mac-n-cheese with diced ham/sweet peas/carrots/diced pears/milk Van yogurt/granola/water S2-goldfish/water</p>	<p>9</p> <p>B-pancakes/craisins/milk L-meatballs/gravy/creamed potatoes/g.beans/mandarin oranges/milk S1-rice krispie treats/milk S2-cheezits/milk</p>
<p>12</p> <p>B-cornflakes/raisins/milk L-wow butter/jelly sandwiches pinto beans/diced peaches/milk S1-string cheese crackers/juice S2-oatmeal cookies/water</p>	<p>13</p> <p>B-biscuits/jelly/milk L-chicken teriyaki/mix veggies/applesauce/milk S1-fig bars/milk S2-goldfish/water</p>	<p>14</p> <p>B-waffles/milk L-eggs/canadian ham/toast/pineapple/milk S1-snack mix/water S2-animal crackers/water</p>	<p>15</p> <p>B-cheese toast/milk L-beef-a-roni/corn/diced pears/milk S1-s/b yogurt/cheerios/water S2-graham crackers/water</p>	<p>16</p> <p>B-muffins/banana/milk L-ham/cheese on wheat/gr.beans/mandarin oranges/milk S1-vanilla wafers/milk S2-cheezits/water</p>
<p>19</p> <p>B-rice krispie cereal/blueberries/milk L-cheese pizza/corn/applesauce/milk S1-cheese cubes crackers/juice S2-graham crackers/water</p>	<p>20</p> <p>B-cinn raisin toast/milk L-red beans/diced ham/brown rice/cornbread/mix fruit/milk S1-hummus pretzels/water S2-animal crackers/water</p>	<p>21</p> <p>B-pancakes/s/b/milk L-turkey/cheese/ wraps/sweet potato fries/pineapple/milk S1-oatmeal cookies/milk S2-goldfish/water</p>	<p>22</p> <p>B-muffins/milk L-taco soup beans/crackers/diced pears/milk S1-van yogurt/granola/water S2-cheezits/water</p>	<p>23</p> <p>B-biscuits/jelly/milk L-meatloaf creamed potatoes/gr.beans/mandarin oranges/milk S1-snack mix/water S2-rice krispie treats/water</p>
<p>26</p> <p>B-cornflakes/raisins/milk L-chicken/dumplings/sweet peas/carrots/diced peaches/milk S1-string cheese/crackers/juice S2-fig bars/water</p>	<p>27</p> <p>B-eggs/milk L-grilled cheese/navy beans/applesauce/milk S1-vanilla wafers/milk S2-goldfish/water</p>	<p>28</p> <p>B-waffles/craisins/milk L-baked ham/rolls/sweet potatoe casserole/mix fruit/milk S1-wow butter/crackers/water S2-animal crackers/water</p>	<p>29</p> <p>B-muffins/banana/milk L-bbq chicken/baked beans/rolls/pineapple/milk S1-s/b yogurt/cheerios/milk S2-cheezits/water</p>	<p>30</p> <p>B-biscuits/jelly L-roast beef/cheese/ on wheat/broccoli/diced pears/milk S1-snack mix.juice S2-graham crackers/water</p>

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available