

St. Paul Early Learning Center November 2022

<p>MONDAY</p> 	<p>TUESDAY 1</p>	<p>WEDNESDAY 2</p>	<p>THURSDAY 3</p>	<p>FRIDAY 4</p>
<p>7</p> <p>B-cornflakes/raisins/milk L-chicken alfredo/broccoli/oranges/milk S1-string crackers/crackers/g.juice S2-vanilla wafers/water</p>	<p>8</p> <p>B-pancakes/sb/milk L-cheese pizza corn/milk/pineapple S1-fig graham crackers/water bars/milk S2-graham crackers/water</p>	<p>9</p> <p>B-cheesy eggs/milk L-baked ham/rolls/sweet potato casserole/diced pears/milk S1-wow butter/crackers/water S2-goldfish/water</p>	<p>10</p> <p>B-muffins/banana/milk L-red beans/rice/cornbread/diced peaches/milk S1-sb yogurt/cheerios/water S2-animal crackers/water</p>	<p>11</p> <p>B-ham biscuit/milk L-grilled cheese/pinto beans/applesauce/milk S1-rice Krispie treats milk S2-graham crackers/water</p>
<p>14</p> <p>B-rice Krispie cereal/bb/milk L-chicken jambalaya/green beans/fruit cocktail/milk S1-cheese cubes/crackers/pjuice S2-vanilla wafers/water</p>	<p>15</p> <p>B-cinn raisin toast/milk- L-roast/creamed potato/green beans/mand oranges/milk S1-hummus/pretzels/water S2-goldfish/water</p>	<p>16</p> <p>B-biscuits with jelly/milk L-Mac-n-cheese, diced ham, rolls, pineapples S1-Snack Mix S2-animal crackers</p>	<p>17</p> <p>B-waffles/craisins/milk L-chicken dumplings/sweet peas/carrots/peaches/milk S1-van yogurt/granola/water S2-graham crackers/water</p>	<p>18</p> <p>B-Grits/milk L-turkey/cheese On wheat/ tator tots/pears/milk S1-salsa chips/water S2-graham crackers/water</p>
<p>21</p> <p>B-cornflakes/raisins/milk L-bbq chicken/baked beans/tropical fruit/milk S1-string cheese/crackers/gjuice S2-vanilla wafers/water</p>	<p>22</p> <p>B-pancakes/sb/milk L-roast beef/cheese on wheat/sweet potato fries/applesauce/milk S1-oatmeal cookies/milk S2-goldfish/water</p>	<p>23 CLOSED</p> 	<p>24</p> 	<p>25 Closed</p> 
<p>28</p> <p>B-rice Krispie cereal/bb/milk L-chicken teriyaki/field peas/tropical fruit/milk S1-cheese cubes/crackers/ajuce S2-graham crackers/water</p>	<p>29</p> <p>B-oatmeal/milk L-pizza/corn applesauce/milk S1-fig bars/milk S2-goldfish/water</p>	<p>30</p> <p>B-waffles/craisins/milk L-ham cheese wraps/green beans/oranges/milk S1-hummus/pretzels S2-vanilla wafers/water</p>		

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available
++denotes age appropriate food substitutions for under age 2