

St. Paul Early Learning Center April 2023

MONDAY 3 B-cornflakes/raisin/milk L-bbq chicken/baked beans/rolls/fruit cocktail/milk S1-cheese cubes/crackers/pineapple juice S2-graham crackers/wow butter/water	TUESDAY 4 B-waffles/strawberries/milk L-turkey/cheese on wheat/sweet potato fries/applesauce/milk S1-hummus/pretzels/water S2-vanilla wafers/water	WEDNESDAY 5 B-cheesy eggs/milk L-red beans/brown rice/cornbread/diced pears/milk S1-Easter Snack in classroom S2-goldfish/grape juice	THURSDAY 6 B-cinnamon raisin toast/milk L-chicken spaghetti/field peas/mandarin oranges/milk S1-vanilla yogurt/granola/water S2-animal crackers/raisins/water	FRIDAY 7 Center Closed 
10 B-rice Krispie cereal/blueberries/milk L-chicken jambalaya/mix veggies/diced pears/milk S1-string cheese/crackers/apple juice S2-graham crackers/wow butter/water	11 B-pancakes/craisins/milk L-pizza/corn/applesauce/milk S1-oatmeal cookies/milk S2-cheezits/water	12 B-eggs/milk L-ham/cheese on wheat/green beans/pineapple/milk S1-strawberry shortcake/water S2-goldfish/grape juice	13 B-biscuits/ham/milk L-chicken/dumplings/sweet peas/carrots/diced peaches/milk S1-strawberry/banana yogurt/cheerios/water S2-vanilla wafers/cheese cubes/water	14 B-cheese toast/craisins/milk L-roast/gravy/creamed potatoes/field peas/tropical/fruit/milk S1-snack mix/pineapple juice S2-animal crackers/water
17 B-cornflakes/raisins/milk L-chicken alfredo/steamed broccoli/pineapple/milk S1-cheese cubes/crackers/apple juice S2-vanilla wafers/water	18 B-waffles/strawberries/milk L-turkey/cheese on wheat/sweet potato fries/applesauce/milk S1-fig bars/milk S2-goldfish/water	19 B-pancakes/strawberries/milk L-meatloaf/creamed potatoes/great northern beans/mandarin oranges/milk S1-snack mix/grape juice S2-graham crackers/wow butter/water	20 B-eggs with diced ham/milk L-beef soft tacos/cheese/salsa/black beans/diced pears/milk S1-vanilla yogurt/*granola water S2-animal crackers/water	21 B-cheese toast/craisins/milk L-bbq meatballs/rolls/baked beans/diced peaches/milk S1-rice Krispie treats/milk S2-cheezits/grape juice
24 B- Rice Krispie Cereal w/blueberries/milk L- Baked Chicken/green beans/rolls/mand. oranges S1- string cheese/crackers/apple juice S2- graham crackers/water	25 B- cinn. raisin toast/milk L- roast beef/cheese on wheat/pinto beans/applesauce S1- oatmeal cookies/milk S2-cheezits/water	26 B-pancakes/strawberries/milk L-baked ham/rolls/sweet potatoes/pineapple S1-hummus/pretzels/juice S2-vanilla wafers/bananas/water	27 B- muffins/banana/milk L-mac-n-cheese/diced ham/sweet peas/carrots/diced pears S1-s/b yogurt/cheerios/water S2-animal crackers/water	28 B-biscuits/ham/milk L-grilled cheese/baked beans/diced peaches S1-rice Krispie treats/milk S2-goldfish/grape juice
				

rB = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available. Age appropriate food substitutions are made when necessary