



St. Paul Early Learning Center May 2023

| MONDAY 1 B-cornflakes/raisins/milk L-bbq chicken/baked beans/fruit cocktail S1-cheese cubes/crackers/pineapple juice S2-graham crackers/wow butter/water | TUESDAY 2 B-waffles/sb/milk L-roast/gravy green beans/mandarin oranges/milk /creamed potatoes/milk S1-fig bar/milk S2-vanilla wafers/water | WEDNESDAY 3 B-cinnamon raisin toast/milk L-turkey/cheese/wraps/broccoli with ranch/applesauce/milk S1-snack mix/water S2-goldfish/grape juice | THURSDAY 4 B-cheesy eggs/milk L-chicken jambalaya/field peas/pineapple/milk S1-vanilla yogurt/cheerios/water S2-animal crackers/raisins/water | FRIDAY 5 B-biscuits/ham/milk L-cheese pizza/corn/diced pears/milk S1-oatmeal cookies/milk S2-cheezits/apple juice |
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| 8 B-rice Krispie cereal/bb/milk L-meatloaf/creamed potatoes/field peas/diced peaches/milk S1-string cheese/crackers/apple juice S2-graham crackers/raisins/water | 9 B-pancakes/sb/milk/milk L-turkey/cheese/on wheat/sweet potato fries/fruit cocktail/milk S1-rice Krispie treats/milk S2-goldfish/water | 10 B-biscuits/jelly/milk L-chicken spaghetti/sweet peas carrots/diced pears/milk S1-strawberry shortcake/water S2-cheezits/grape juice | 11 B-biscuits/jelly/milk L-red beans/rice/cornbread/mandarin oranges/milk S1-strawberry yogurt/cheerios/water S2-vanilla wafers/cheese cubes/water | 12 B-MUFFINS WITH MOM L-baked chicken/rolls/green beans/applesauce/milk S1-snack mix/pineapple juice S2-animal crackers/water |
| 15 B-cornflakes/raisins/milk L-chicken teriyaki/sweet peas carrots/pineapple/milk S1-cheese cubes/crackers/water S2-graham crackers/water | 16 B-waffles/sb/milk L-bbq meatballs/baked beans/diced peaches/milk S1-fig bars/milk S2-goldfish/apple juice | 17 B-grits/milk L-turkey/cheese on wheat/pinto beans/with diced ham/diced pears/milk S1-snack mix/apple juice S2-oatmeal cookies/water | 18 B-biscuits/jelly/milk L-beef spaghetti sauce with whole grain pasta/corn mandarin oranges/milk S1-vanilla yogurt/cheerios/water S2-cheezits/water | 19 B-eggs/milk L-grilled cheese/pinto beans with ham/applesauce/milk s1-snack mix/grape juice s2-vanilla wafers/water |
| 22 B-rice Krispie cereal/bb/milk L-chicken wraps/black beans/fruit cocktail/milk S1-string cheese/crackers/apple juice S2-graham crackers/water | 23 B-pancakes/sb/milk L-baked ham/sweet potato casserole/diced peaches/milk S1-oatmeal cookies/milk S2-cheezits/apple juice | 24 B-biscuits/jelly/milk L-mac-n-cheese with diced ham/mandarin oranges/water S1-hummus/pretzels/water S2-animal crackers/water | 25 B-muffins/banana/milk L-roast beef/cheese on wheat/sweet potato fries/applesauce/milk S1-strawberry yogurt/cheerios/water S2-vanilla wafers/water | 26 B-eggs/milk L-chicken jambalaya/sweet peas carrots/pineapple/milk S1-fig bars/milk S2-goldfish/grape juice |
| 29 MEMORIAL DAY CENTER CLOSED | 30 CLOSED FOR PROFESSIONAL DEVELOPMENT | 31 FAMILY FUN DAY |  |  |

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available