## St. Paul Early Learning Center June 2023

|  |  | WEDNESDAY | THURSDAY 1 <br> B-waffles/craisins/milk <br> L-bbq meatballs/baked beans/rolls/fruit cocktail/milk S1-van yogurt/cheerios/water S2-rice Krispie treats/string cheese/water | FRIDAY 2 <br> B-eggs/mandarin oranges/milk L-turkey/cheese on wheat/pinto beans/applesauce S1-oatmeal cookie/milk S2-cheezits/pineapple juice |
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| 5 <br> B-cornflakes/raisins/milk <br> L-baked chicken/baked beans/rolls/diced peaches/milk S1-cheese cube/crackers/apple juice S2-Graham crackers craisins/water | $\underset{\text { B-biscuits/jelly/milk }}{\mathbf{6}}$ <br> L-ham and cheese wraps/steamed broccoli/mandarin oranges/milk S1-vanilla wafers/milk S2-goldfish/grape juice | 7 <br> B-pancakes/strawberries/milk <br> L-salisbury steak/creamed potatoes/mix veggies/diced pears/milk <br> S1-snack mix/banana/water <br> S2-animal crackers/raisins/water | 8 B-muffins/banana/milk L-chicken jambalaya/field peas/pineapple/milk S1-strawberry yogurt/cheerios/water S2-fig bars/string cheese/water | 9 <br> B-cheese toast/applesauce/milk L-wow butter/jelly sandwiches on whole wheat bread/green beans/tropical fruit S1-rice Krispie treats/milk S2-cheezits/pineapple juice |
| 12 <br> B-rice Krispie cereal/cereal bar/milk L-chicken dumplings/sweet peas and carrots/diced peaches/milk S1-string cheese/crackers/water S2-vanilla wafers/wow butter/water | 13 B-waffles/craisins/milk L-red beans/brown rice/cornbread/mandarin oranges/milk S1-snack mix/grape juice S2-animal crackers/water | 14 <br> B-grits/pineapple/milk <br> L-turkey and cheese on wheat/sweet potato fries/applesauce/milk S1-oatmeal cookies/milk S2-cheezits/water | 15 <br> B-cinnamon/raisin/toast/milk L-beef tacos with cheese and refried beans/fruit cocktail/milk S1-vanilla yogurt/cheerios/water S2-graham crackers/water | 16 B-DONUTS WITH DAD L-grilled cheese/baked beans/diced pears/milk S1-muffins/milk S2-goldfish/apple juice |
| 19 <br> Juncteenth <br> Center Closed | $20$ <br> B-cornflakes/raisin/milk L-cheese pizza/corn/applesauce/milk S1-rice Krispie treats/milk S2-cheezits/grape juice | 21 B-biscuits/jelly/milk L-baked ham/sweet potato casserole/rolls/mandarin oranges/milk S1-cheese cubes/crackers/pineapple juice S2-vanilla wafers/wow butter/water | $22$ <br> B-muffins/banana/milk L-mac-n-cheese/diced ham/sweet peas/diced peaches S1-strawberry yogurt/cheerios/water S2-graham crackers/raisins/water | 23 <br> B-pancakes/strawberries/milk L-chicken wraps/cheese/black beans/pineapple/milk S1-fig bar/milk S2-goldfish/apple juice |
| 26 B-rice Krispie cereal/blueberries/milk L-chicken alfredo/steam broccoli/diced pears S1-oatmeal cookies/milk S2-goldfish/grape juice | 27 <br> B-waffles/craisins/milk L-roast beef/cheese on wheat/sweet potato fries/applesauce/milk S1-snack mix/pineapple juice S2-graham crackers/wow butter/water | 28 <br> B-cheese toast/sliced apples/milk L-meatloaf/creamed potatoes/field peas/pineapple/milk <br> S1-string cheese/crackers/water <br> S2-animal crackers/raisins/water | 29 <br> B-ham biscuit/milk L-turkey/cheese wraps/green beans/mandarin oranges/milk S1-vanilla yogurt/cheerios/water S2-cheezits/apple juice | 30 B-eggs/toast/milk <br> L-bbq chicken/baked beans/diced peaches/milk S1-muffins/milk S2-goldfish/water |

