



St. Paul Early Learning Center Menu August 2023

<p>MONDAY</p> 	<p>TUESDAY 1</p>	<p>WEDNESDAY 2</p>	<p>THURSDAY 3</p>	<p>FRIDAY 4</p>
<p>7 B-rice Krispie cereal/ Nutrigrain bar/milk L-baked chicken/rolls/creamed spinach/mix fruit/milk S1-string cheese/crackers/apple juice S2-graham crackers/water</p>	<p>8 B-toast/Canadian ham/milk L-hamburger on bun/baked beans/pineapple/milk S1-rice Krispie treat/milk S2-goldfish/grape juice</p>	<p>9 B-waffles/strawberries/milk L-chicken teriyaki/field peas/mandarin oranges/milk S1-snack mix/water S2-vanilla wafers/water</p>	<p>10 B-biscuits/sliced apples*/milk L-turkey/cheese on wheat/steamed broccoli/ranch/diced pears/milk S1-vanilla yogurt/wg cereal/water S2-animal crackers/water</p>	<p>11 B-cinnamon raisin toast/milk L-cheese pizza/corn/applesauce/milk S1-oatmeal cookies/milk S2-cheezits/water</p>
<p>14 CENTER CLOSED PROFESSIONAL DEVELOPEMENT</p>	<p>15 B-cornflakes/raisins* or nutrigrain bar/milk L-ham/cheese on wheat/green beans/diced peaches/milk S1-fig bar/milk Goldfish/apple juice</p>	<p>16 B-biscuits/mix fruit/milk L-bbq chicken/baked beans/pineapple/milk S1-cheese cubes/crackers/grape juice S2-animal crackers/water</p>	<p>17 B-muffins/banana/milk L-taco/cheese/black beans/salsa/mandarin oranges/milk S1-strawberry yogurt/cheerios/milk S2-cheezits/string cheese/water</p>	<p>18 B-pancakes/craisins L-grilled cheese/great northern beans/diced ham/applesauce/milk S1-snack mix/pineapple juice S2-graham crackers/wow butter/water</p>
<p>21 B-WG cheerios nutrigrain bar/milk L-WG cheese pizza corn/diced pears/milk S1-rice Krispie treats/milk S2-goldfish/apple juice/water</p>	<p>22 B-cheese toast/sliced apples/milk L-red beans/brown rice/cornbread/pineapple/milk S1-string cheese/crackers/grape juice S2-vanilla wafers/</p>	<p>23 B-waffles/strawberries/milk L-turkey/cheese wraps/diced peaches/ mix veggies/milk S1-sliced apples/crackers/water S2-fig bar/water</p>	<p>24 B-cinnamon raisin toast/milk L-mac-n-cheese with diced ham/sweet peas diced carrots/mandarin oranges/milk S1-vanilla yogurt/wg cheerios/water S2-cheezits/water</p>	<p>25 B-biscuits/ham/milk L-wow butter/jelly on wheat/green beans/mix fruit/milk S1-snack mix/pineapple juice S2-animal crackers/water</p>
<p>28 B-cornflakes/raisins/nutrigrain bar/milk L-Chicken alfredo/steamed broccoli/diced peaches/milk S1-cheese cubes/crackers/grape juice S2-vanilla wafers/water</p>	<p>29 B-cheese toast/craisins/milk L-baked ham/sweet potatoes/diced pears/milk S1-oatmeal cookies/milk S2-goldfish/water</p>	<p>30 B-pancakes/strawberries/milk L-roast beef/cheese on wheat/green beans/applesauce/milk S1-fruit cup/crackers/water S2-animal crackers/water</p>	<p>31 B-muffins/banana/milk L-spaghetti sauce with meatballs/wg pasta/corn/pineapple/milk S1-strawberry yogurt/wg cheerios/water S2-cheezits/water</p>	

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available