

St. Paul Early Learning Center November 2023

<p>MONDAY</p> 	<p>TUESDAY</p> 	<p>WEDNESDAY</p> <p>1</p>	<p>THURSDAY</p> <p>2</p>	<p>FRIDAY</p> <p>3</p>
<p>6</p> <p>B-kix cereal/blue/berries/milk L-bbq meatballs/baked beans/pineapple/milk S1-cheese cubes/saltine crackers/apple juice S2-teddy grahams/water</p>	<p>7</p> <p>B-oatmeal with cinnamon/milk L-cheese pizza/corn/diced peaches/milk S1-shortbread cookies/milk S2-cheezits/raisins/water</p>	<p>8</p> <p>B-pancakes/strawberries/milk L-turkey/cheese wraps/black beans/applesauce/milk S1-smores snack mix+/water S2-animal crackers/water</p>	<p>9</p> <p>B-blueberry muffin/banana/milk L-chili mac/corn/diced pears/milk S1-strawberry yogurt/cheerios/water S2-goldfish/water</p>	<p>10</p> <p>B-biscuits/ham/milk L-wow butter on wheat/tropical fruit/milk S1-hummus/ Pretzels+/water S2-vanilla wafers/water</p>
<p>13</p> <p>B-cornflakes+/raisins+/milk L-baked chicken/rolls/field peas/mandarin oranges S1-string cheese/crackers/grape juice S2-graham crackers/water</p>	<p>14</p> <p>B-cinnamon raisin toast/milk L-mac-n-cheese/diced ham/sweet peas and carrots/pineapple/milk S1-rice Krispie treats/milk S2-white cheddar puffs/water</p>	<p>15</p> <p>B-grits/toast/milk L-baked ham/rolls//baked sweet potatoes/diced peaches/milk S1-salty snack mix+/pineapple juice S2-fig bars/water</p>	<p>16</p> <p>B-biscuits/jelly/milk L-chicken wraps/black beans/applesauce/milk S1-vanilla yogurt/cheerios/water S2-goldfish/water</p>	<p>17</p> <p>B-waffles/strawberries/milk L-grilled cheese/pinto beans/diced pears/milk S1-wow butter/crackers/water S2-vanilla wafers/water</p>
<p>20</p> <p>B-honeycomb cereal/nutrigrain bar/milk L-red beans/ brown rice/diced ham/cornbread/mix fruit/milk S1-cheese crackers/crackers/apple juice S2-cheezits/water</p>	<p>21</p> <p>B-eggs/ham L-turkey/cheese on wheat/steamed broccoli/mandarin oranges S1-salsa/chips+/water S2-animal crackers/water</p>	<p>22</p> <p>CLOSED</p> 	<p>23</p> 	<p>24</p> <p>Closed</p> 
<p>27</p> <p>B-rice Krispie treats/blueberries/milk L-bbq chicken/baked beans/diced pears/milk S1-string cheese/crackers/grape juice S2-teddy grahams/water</p>	<p>28</p> <p>B-pancakes/strawberries/milk L-ham/cheese on wheat/mix veggies Applesauce/milk S1-oatmeal cookies/milk S2-goldfish/water</p>	<p>29</p> <p>B-cheese toast/craisins/milk L-chicken jambalaya/sweet peas diced carrots/mandarin oranges/milk S1-snack mix/water S2-fig bars/water</p>	<p>30</p> <p>B-biscuits/jelly/milk L-beef tacos/corn/pineapple/milk S1-hummus/pretzels+/water S2-rice Krispie treats/water</p>	

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available
+denotes age appropriate food substitutions for under age 2