


St. Paul Early Learning Center April 2024

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
<p>B-cornflakes/raisins/milk L-chicken dumplings/sweet peas diced carrots/mix fruit/milk S1-string cheese/crackers/grape juice S2-graham crackers/water</p>	<p>B-waffles/strawberries/milk L-meatloaf/creamed potatoes/field peas/diced pears/milk S1-rice Krispie treats/milk S2-goldfish/water</p>	<p>B-ham biscuits/milk L-chicken teriyaki/mix veggies/mandarin oranges/milk S1-snack mix/pineapple juice S2-animal crackers/water</p>	<p>B-muffins/banana/milk L-ham/cheese on wheat/steamed broccoli/pineapple/milk S1-strawberry yogurt/cheerios/water S2-cheezits/water</p>	<p>B-cinnamon raisin toast/milk L-chicken nuggets/green beans/rolls/diced peaches/milk S1-vanilla wafers/milk S2-apple jacks/water</p>
<p>8 B-rice Krispie cereal/blueberries/milk L-BBQ chicken/baked beans/rolls/diced pears/milk S1-fig bars/milk S2-goldfish/water</p>	<p>9 B-biscuits/jelly/milk L-mac-n-cheese/diced ham/sweet peas/diced carrots/mix fruit/milk S1-snack mix/water S2-vanilla wafers/water</p>	<p>10 B-pancakes/strawberries/milk L-chicken jambalaya/field peas/applesauce/milk S1-cheese cubes/crackers/grape juice S2-animal crackers/water</p>	<p>11 B-muffins/mandarin oranges/milk L-turkey/cheese wraps/green beans/pineapple/milk S1-vanilla yogurt/cheerios/water S2-graham crackers/water</p>	<p>12 B-eggs/milk L-cheese pizza/corn/diced peaches/milk S1-oatmeal cookies/milk S2-cheezits/water</p>
<p>15 B-cheerios/nutrigrain bar/milk L-red beans/brown rice/diced pears/milk S1-string cheese/crackers/grape juice S2-rice Krispie treats/milk</p>	<p>16 B-waffles/craisins/milk L-baked ham/rolls/green beans/milk S1-vanilla wafers/milk S2-goldfish/water</p>	<p>17 B-grits/milk L-roast beef/cheese on wheat/sweet potato fries/pineapple/milk S1-hummus/pita bread/water S2-graham crackers/water</p>	<p>18 B-muffins/banana/milk L-spaghetti with meat sauce/corn/ mandarin oranges/milk S1-strawberry yogurt/cheerios/water S2-animal crackers/water</p>	<p>19 B-biscuits/jelly/milk L-grilled cheese/pinto beans/with ham/diced peaches/milk S1-wow butter/crackers/water S2-cheezits/water</p>
<p>22 B-rice Krispie treats/blueberries/milk L-chicken spaghetti/sweet peas diced carrots/tropical fruit/milk S1-fig bars/milk S2-goldfish/water</p>	<p>23 B-biscuits/ham/milk L-BBQ meatballs/baked beans/diced pears/milk S1-cheese cubes/crackers/grape juice S2-graham crackers/water</p>	<p>24 B-oatmeal/milk L-turkey/cheese on wheat/steamed broccoli/applesauce/milk S1-smores snack mix/milk S2-cheezits/water</p>	<p>25 B-muffins/sliced apples/milk L-roast/gravy/creamed potatoes/field peas/pineapple/milk S1-vanilla yogurt/cheerios/milk S2-animal crackers/water</p>	<p>26 B-pancakes/strawberries/milk L-wow butter/jelly/on wheat/green beans/diced peaches/milk S1-oatmeal cookies/milk S2-apple jacks/water</p>
<p>29 B-cornflakes/raisins/milk L-baked chicken/rolls/green beans/milk S1-string crackers/grape juice S2-rice Krispie treats/water cheese/</p>	<p>30 B-biscuits/jelly/milk L-baked ham/rolls/sweet potato casserole/milk S1-hummus/pita bread/water S2-graham crackers/water</p>			

rB = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available. Age appropriate food substitutions are made when necessary