





St. Paul Early Learning Center October 2024

<p>Monday</p> 	<p>TUESDAY 1</p> <p>B-waffles/strawberries/milk L-mac-n-cheese with diced ham/mix veggies/diced peaches/milk S1-caramel rice cakes/apple sauce/water S2-goldfish/juice box</p>	<p>WEDNESDAY 2</p> <p>B-Grits/milk L-turkey/cheese on wheat/steamed broccoli/pineapple/milk S1-oatmeal cookies/milk S2-cheddar snack mix/apple juice</p>	<p>THURSDAY 3</p> <p>B-Biscuits/ham/milk L-roast with gravy/creamed potatoes/green beans/diced pears/milk S1-s/b yogurt/cheerios/water S2animal crackers/raisins/water-</p>	<p>FRIDAY 4</p> <p>B-cheese toast/craisins/milk L-Baked Chicken/rolls/field peas/applesauce/milk S1-Smores snack mix/milk S2-cheezits/pineapple juice</p>
<p>7</p> <p>B-cheerios/Nutri grain bar/milk L-chicken noodle soup/crackers/sweet peas/diced carrots/mandarin oranges/milk S1-cheese cubes/crackers/water S2-graham crackers/apple juice</p>	<p>8</p> <p>B-pancakes/strawberries/milk L-cheese pizza/corn/diced peaches//milk S1-rice Krispie treats/milk S2-goldfish/grape juice</p>	<p>9</p> <p>B-cheesy eggs/milk L-Baked ham/rolls/sweet potato casserole/pineapple/milk S1-snack mix/apple juice S2-vanilla wafers half banana/water</p>	<p>10</p> <p>B-blueberry muffins/half banana/milk L-Taco casserole with beef beans, rice and cheese/diced pears/milk S1-vanilla yogurt/granola/water S2-cheezits/craisins/water</p>	<p>11</p> <p>B-cheese biscuits/milk L-wow butter/jelly on wheat pinto beans/mix fruit/milk S1-fig bars/milk S2-animal crackers/raisins/water</p>
<p>14</p> <p>CENTER CLOSED COLUMBUS DAY</p> 	<p>15</p> <p>B-cornflakes/raisins/milk L-Chicken Jambalaya/field peas/tropical fruit/milk S1-string cheese/crackers/water S2-graham crackers/grape juice</p>	<p>16</p> <p>B-Biscuits/milk L-turkey cheese on wheat/green beans/applesauce/milk S1-strawberry shortcake/water S2-goldfish/pineapple juice</p>	<p>17</p> <p>B-waffles/craisins/milk L-BBQ Chicken/baked beans/rolls/mandarin oranges/milk S1-s/b yogurt/cheerios/water S2-vanilla wafers/wow butter/water</p>	<p>18</p> <p>Pumpkin Patch Field Trip</p> 
<p>21</p> <p>B-Rice Krispie cereal/blueberries/milk L-Chicken spaghetti/sweet peas/mandarin oranges/milk S1-oatmeal cookies/milk S2-cheezits/apple juice</p>	<p>22</p> <p>B-Pancakes/strawberries/milk L-Cheese Pizza/mix veggies/tropical fruit/milk S1-Caramel rice cakes/applesauce/water S2-cheddar snack mix/water</p>	<p>23</p> <p>B-Grits/milk L-Roast beef/cheese on wheat/sweet potato fries/diced peaches/milk S1-vanilla yogurt/granola/water S2-graham Cracker/raisins/water</p>	<p>24</p> <p>B-Muffins/half banana/milk L-Red Beans and Rice/cornbread/milk S1Cheese cubes/crackers/water- S2-Animal Crackers/water</p>	<p>25</p> <p>B-Cinnamon Raisin Toast/milk L-Ham/Cheese Wraps/steamed broccoli/diced pears S1-vanilla wafers/half banana/water S2-goldfish/grape juice</p>
<p>28</p> <p>B-Cheerios/Nutri grain bar/milk L-Grilled Cheese/pinto beans/Applesauce/milk S1-Rice Krispie Treats/Milk S2-Cheezits/pineapple juice</p>	<p>29</p> <p>B-Waffles/strawberries/milk L-Chicken Teriyaki/Rice/mix veggies/diced peaches/milk S1-String Cheese/Crackers/water S2-Graham crackers/craisins/water</p>	<p>30</p> <p>B-Cinnamon oatmeal/milk L-Turkey/Cheese/rollups/field peas/applesauce/milk S1-strawberry Yogurt/cheerios/water S2-Animal Crackers/raisins/water</p>	<p>31</p> <p>B-Ham Biscuit/milk L-Beef Veggie Soup/crackers/Mandarin oranges S1-Halloween Snack S2-Goldfish/water</p>	

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available