## St. Paul Early Learning Center November 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Gue Thanks		Thanksgiving		I B-blueberry muffins/milk L-Mac-n-cheese/field peas/diced pears/milk S1-oatmeal cookies/milk S2-snack mix/apple juice
4 B-Ham biscuit/milk L-Rotini with marinara sauce/cheese toast/corn/pineapple tidbits/milk S1-caramel rice cakes/sliced apples/water S2-white Cheeto puffs/grape juice	5 B-cornflakes* raisins*/cereal bar/milk L-WG Cheese Pizza/mix veggies/Applesauce/milk S1-fig bar/milk S2-cheezits/100%juice box	6 B-Grits/milk L-Chicken nuggets/baked fries/ green beans/diced peaches/milk S1-Ccheese cubes/crackers/water S2-Graham Crackers/water	7 B-pancake strawberries/milk L-Ham and cheese sliders/creamy spinach/mandarin oranges/milk S1-vanilla yogurt with granola topping/water S2-Nutrigrain bar/water	8 B-Cinnamon raisin toast/milk L-White Chicken chili/cheese/crackers/diced pears/milk S1-Smores snack mix/milk S2-goldfish/apple juice
11 B-waffles strawberries/milk L-Chicken alfredo/sweet peas and diced carrots/mix fruit/milk S1-Rice Krispie Treats/Milk S2-Cheezits/*/grape juice	12 B-Cheese Biscuit/milk L-salisbury steak/creamed potatoes/green beans/pineapple/milk S1- Baked cinnamon sugar pita chips with chocolate hummus/water S2-graham crackers/wow butter/water	13 B-Rice Krispie Cereal/blueberries/milk L-Turkey and cheese pinwheels/steamed broccoli/applesauce/milk S1-string cheese/ritz crackers/water S2-Animal crackers/water	14 B-Blueberry Muffins/banana/Milk L-Tator tot/beef casserole/corn/diced peaches/milk S1-strawberry/banana yogurt/cheerios/water S2-goldfish/100%juice box	15 B-cheese toast/craisins/milk L-Chicken Rice Casserole/mandarin oranges/ milk S1-snack mix/pineapple juice S2-nutrigrain bar/milk
18 B-Biscuits/ham/milk L-Red Beans brown rice/cornbread/diced pears/milk S1- oatmeal cookies/milk S2-Cheezits/pineapple juice	19 B-Cheerios/nutrigrain bar/milk L-WG Cheese Pizza/mix veggies/Applesauce/milk S1-Vanilla wafers/banana/water S2-Graham crackers/raisins/water	20 B-Eggs/Milk L-Beef/Cheese Sliders/Baked fries/pineapple/milk S1-Vanilla Yogurt/granola/water S2-Animal Crackers/water	21 B-cinnamon oatmeal/milk L-chicken and dressing/baked yams/diced peaches/milk S1-fig bars/milk S2-goldfish/grape juice	22 B-pancakes/strawberries/milk L-sliced roast beef/gravy/creamed potatoes/green beans/Mandarin oranges/milk S1-caramel rice cakes/sliced apples/water S2-snack mix/water
25 B-Honeycomb/ cereal bar/milk L-Grilled Cheese/steamed broccoli/tropical fruit/milk S1-strawbetrry/banana yogurt/granola/water S2-Hummus/crackers/water	26 B-Cheese Toast/milk L-Baked ham/roll/sweet potato casserole/diced pears/milk S1-string Cheese crackers/water S2-Graham Crackers/applesauce cup/water	27 Closed No School Teacher Work Day	28 Closed Happy Thanksgiving	29 Closed Happy Thanksgiving

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) \*Fresh Fruit served when Available +denotes age appropriate food substitutions for under age 2