

St. Paul Early Learning Center October 2025

Monday 	TUESDAY 	WEDNESDAY 1 B-Grits/milk L-ham/cheese on wheat/green beans /applesauce/milk S1-salty snack mix/grape juice S2-vanilla wafers/water	THURSDAY 2 B-pancakes/craisins*/milk L-baked meatballs/creamed potatoes/field peas/diced peaches/milk S1-s/b yogurt/cheerios/water S2-graham crackers/water	FRIDAY 3 B-biscuits/ham/milk L-white chicken chili/cheese/crackers/diced pears/milk S1-fig bars/milk S2-cheezits/water
6 B-rice Krispie cereal/blueberries/milk L-chicken alfredo/green beans/tropical fruit/milk S1-oatmeal cookie/milk S2-animal crackers/water	7 B-waffles/strawberries/milk L-cheese pizza mix veggies/applesauce/milk S1-banana pudding/vanilla wafers/water S2-goldfish/grape juice	8 B-muffins/banana/milk L-taco soup/beans/cheese/pineapple tidbits/milk S1-string cheese/crackers/water S2-rice Krispie treats/water	9 B-oatmeal/milk L-turkey/cheese on wheat/steamed broccoli/diced peaches/milk S1-vanilla yogurt/cheerios/water S2-cheezits/water	10  Pumpkin Patch Field Trip S1-snack mix/water S2- graham crackers
13 CENTER CLOSED COLUMBUS DAY 	14 B-honeycomb cereal*/milk L-chicken gumbo/brown rice/crackers/diced pears/milk S1-cheese cubes/ritz crackers/water S2-graham crackers/water	15 B-grits/milk L-mac-n-cheese/sweet peas/diced carrots/mandarin oranges/milk S1-snack mix/pineapple juice S2-animal crackers/water	16 B-cheese toast/milk L-baked ham/rolls/sweet potatoes/diced peaches/milk S1-st/b yogurt/water S2-cheezits/water	17 B-pancakes/craisins/milk L-wow butter on wheat/pinto beans/pineapple/milk S1-cinnamon chex mix/milk S2-goldfish/grape juice
20 B-cornflakes/raisins/milk L-chicken jambalaya/mix fruit/field peas/milk S1-string cheese/crackers/water S2-graham crackers/water	21 B-waffles/strawberries/milk L-cheese pizza/green beans/applesauce/milk S1-rice Krispie treats/milk S2-cheezits/water	22 B-muffins/banana/milk L-turkey/cheese wraps/squash/pineapple/milk S1-snack mix/water S2-nutrigrain bar/water	23 B-oatmeal/milk L-pot roast/creamed potatoes/mix veggies/diced pears/milk S1-vanilla yogurt/granola/water S2-animal crackers/water	24 B-biscuits/jelly/milk L-grilled cheese/tomato soup/diced peaches/milk S1-fig bars/milk S2-goldfish/water
27 B-honeycomb cereal/nutrigrain bar/milk L-bbq chicken/baked beans/mandarin oranges/milk S1-cheese cubes/ritz crackers/water S2-graham crackers/water	28 B-pancakes/craisins/milk L-baked ham/rolls/garlic butter herb pasta/pineapple/milk S1-oatmeal cookie/milk S2-cheezits/water	29 B-ham biscuits/milk L-red beans/rice/cornbread/diced pears/milk S1-vanilla wafers/pudding S2-goldfish/water	30 B-grits/milk L-roast beef/cheese/on wheat/green beans/applesauce/milk S1-s/b yogurt/cheerios/water S2-animal crackers/water	31 B-egg/toast/milk L-chicken/cheese/wraps/black beans/diced peaches/milk S1-Halloween Snack S2-cinnamon oat wafers/water

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available