

St. Paul Early Learning Center July 2026

MONDAY 	TUESDAY	WEDNESDAY 1	THURSDAY 2	FRIDAY 3 <i>Center Closed</i> 
6 B- Honeycomb cereal bar/ milk L-chicken teriyaki/field peas/ diced peaches/milk S1-strig cheese/crackers/ water S2-graham crackers/ water	7 B-cinnamon toast/ raisins/ milk L-cheese pizza/ green salad/ apple sauce/milk S1-jello fruit cup/water S2-goldfish /water	8 B-muffins/ banana/ milk L- ham and cheese melt/sweet potatoes/ pineapple/milk S1-pretzel sticks/ cheese/ water S2-snack mix/ water	9 B-ham biscuit / milk L-baked chicken strips/ cheesy potatoes/mix fruit/ milk S1-strawberry banana yogurt/ cheerios/water S2-animal crackers	10 B-grits/toast/milk L-pasta and spaghetti sauce/corn/ mandarin oranges/milk S1-wow butter/crackers/water S2-veggie straws/water
13 B-cornflakes cereal/raisins/ milk L-chicken cheese wraps/ black beans/diced pears S1-fruit slush/pretzels S2-teddy grahams/water	14 B-biscuit/egg/milk L-baked meatballs/roll/baked beans/pineapple/milk S1-cheese cubs/crackers/water S2-cheezits/water	15 B-oatmeal/sliced apples/milk L-turkey cheese on wheat/steamed broccoli/mandarin oranges/milk S1-hummus/pita bread/water S2-nutrigrain bars/water	16 B-waffles/strawberries/milk L-chicken alfredo/ green beans/ diced peaches/ milk S1-vanilla yogurt/cheerios/water S2-goldfish/water	17 B-cheese toast/craisins/milk L-beef fingers/creamed potatoes Corn/mix fruit/milk S1-snack mix/ grape juice S2-animal crackers
20 B-rice Krispie cereal/blueberries/milk L-red beans/rice/cornbread/mandarin oranges/milk S1-string cheese crackers / water S2-fig bars/water	21 B-pancakes/powdered sugar/strawberries/milk L-grilled cheese/corn/applesauce/milk S1-smoothie/ cereal cup/ water S2-cheezits/ water	22 B-muffins/banana/milk L-baked ham/ sweet potatoes pineapple/milk S1-snack mix/ apple juice S2-oatmeal cookies/water	23 B-cinnamon toast/raisins/ milk L-meatloaf/creamed potatoes/mix veggies/diced peaches/milk S1-strawberry banana yogurt/ cheerios/ water S2-teddy grahams/ water	24 B-grits/diced cantaloupe/milk L-wow butter/jelly on wheat/ green beans/ pears/milk S1-cereal bars/ milk S2-goldfish/ water
27 B-alphabet cereal /milk L-bbq chicken/baked beans/garlic toast pineapple /milk S1-cheese cubes/ crackers/ water S2-vanilla wafers/ water	28 B-biscuits/ ham/ milk L-mac n cheese/ sweet peas/ carrots/ jello with fruit/ milk S1-pretzel sticks/honey mustard/water S2-graham crackers /water	29 B-oatmeal with cinnamon sugar/ milk L-roast beef/ cheese on wheat/ green beans/ apple sauce/ milk S1-strawberry shortcake/water S2-cheeseits/ water	30 B-waffles/ strawberries/milk L-chicken jambalaya/field peas/diced pears/milk S1-vanilla yogurt/ cheerios/ water S2-goldfish/ water	

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available