

St. Paul Early Learning Center September 2026

MONDAY 	TUESDAY 1 B-cinnamon raisin toast/milk L-cheese pizza/corn/applesauce/milk S1-rice Krispie treats/milk S2-cheezits/water	WEDNESDAY 2 B-pancakes/craisins/milk L-beef sliders/baked beans/mandarin oranges/milk S1-snack mix/grape juice S2-vanilla wafers/water	THURSDAY 3 B-muffins/sliced apples/milk L-turkey/cheese wraps/black beans/pineapple/milk S1-gogurt/cheerios/water S2-oatmeal crème pie/water	FRIDAY 4 B-egg biscuit/milk L-chicken alfredo/sweet peas and diced carrots/peaches/milk S1-cookies/milk S2-goldfish/water
7 CENTER CLOSED 	8 B-cornflakes/raisins/milk L-chicken jambalaya/mix veggies/fruit cocktail/milk S1-cheese cubes/saltines/water S2-graham crackers/water	9 B-oatmeal/milk L-Ham/cheese rollup/bread/diced pears/milk S1-fig bar/milk S2-cheezits/water	10 B-Biscuits/gravy/milk L-Beef-a-roni/corn/milk S1-vanilla yogurt/cheerios/water S2-animal crackers/water	11 B-waffles/strawberries/milk L-grilled cheese/field peas/pineapple/milk S1-vanilla wafers/pudding/water S2-goldfish/water
14 B-rice Krispie cereal/blueberries/milk L-meatballs/gravy/creamed potatoes/diced peaches/milk S1-string cheese/ritz crackers/water S2-teddy grahams/water	15 B-pancakes/craisins/milk L-cheese pizza/field peas/applesauce S1-cookies/milk S2-veggie straws/water	16 B-Grits/milk L-turkey/cheese on wheat/steamed broccoli/diced pears/milk S1-snack mix/grape juice S2-cheezits/water	17 B-muffins/sliced apples/milk L-baked chicken/rolls/green beans/mandarin oranges/milk S1-gogurt/cheerios/water S2-nutri grain bar/water	18 B-biscuits/ham/milk L-fish sticks/roasted garlic herb potatoes/pineapple/milk S1-cereal bar/milk S2-goldfish/water
21 B-honeycomb cereal/Nutri grain bar/milk L-chicken/cheese wraps/black beans/peaches/milk S1-cheese cubes/saltines/water S2-graham crackers/water	22 B-pancakes/craisins/milk L-mac-n-cheese/sweet peas and diced carrots/rolls/mix fruit/milk S1-rice cakes/apple juice S2-cheezits/water	23 B-oatmeal/milk L-baked ham/sweet potatoes/rolls/diced pears/milk S1-hummus/crackers/water S2-animal crackers/water	24 B-ham biscuit/milk L-red beans/rice/pineapple /milk S1-vanilla yogurt/cheerios/water S2-rice Krispie treats/water	25 B-cheese toast/craisins/milk L-BBQ Chicken/baked beans/mandarin oranges/milk S1-cinnamon chex cereal/milk S2-goldfish/water
28 B-WG colossal berry cereal/milk L-Teriyaki chicken/rice/field peas/pineapple/milk S1-string cheese/ritz crackers/water S2-teddy graham crackers/water	29 B-cinnamon raisin toast/milk L-cheese pizza/corn/applesauce/milk S1-vanilla wafers/milk S2-cheezits/water	30 B-Grits/milk L-roast beef/cheese on wheat/green beans/tropical fruit/milk S1-snack mix/grape juice S2-fig bars/water		

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available