

St. Paul Early Learning Center October 2026

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 B-pancakes/craisins L-Ravioli/field peas/diced peaches/milk S1-mix berry yogurt/water S2-oatmeal crème pie/water	2 B-biscuits/ham/milk L-sloppy joe sliders/cheesy potatoes/diced pears/milk S1-cookies/milk S2-goldfish/.water
5 B-corn pops/milk L-chicken alfredo/pasta/sweet peas/diced carrots/mandarin oranges/milk S1-snack mix/apple juice S2-graham crackers/water	6 B-oatmeal/milk L-Meatballs/baked beans/pineapple/milk S1-cheese cubes/crackers/water S2-cereal bar/water	7 B-waffles/strawberries/milk L-roast/gravy/creamed potatoes/green beans/mix fruit/milk S1-cinnamon chex/milk S2-goldfish/water	8 B-cheese toast/craisins/milk L-chicken jambalaya/field peas/diced peaches/milk S1-vanilla yogurt/cheerios/water S2-animal crackers/water	9 B-biscuits/jelly/milk L-turkey/cheese on wheat/corn/diced pears/milk S1-vanilla wafers/milk S2-cheezits/milk
12 CENTER CLOSED COLUMBUS DAY 	13 B-cornflakes/raisins/milk L-cheese pizza/corn/applesauce/milk S1-string cheese/ritz/water S2-teddy grahams/water	14 B-grits/milk L-ham/cheese on wheat/steamed broccoli/mandarin oranges/milk S1-rice Krispie treats/milk S2-goldfish/water	15 B-pancakes/ strawberries/milk L-chili mac/corn/pineapple/milk S1-strawberry banana/yogurt/cheerios/water S2-nutrigrain bar/water	16 Pumpkin Patch Field Trip 
19 B-rice Krispie cereal/blueberries/milk L-creamy chicken and rice/mix veggies/diced pears/milk S1-cheese cubes/saltines/water S2-graham crackers/water	20 B-oatmeal/milk L-baked meatballs/baked beans/mandarin oranges/milk S1-cereal bar/milk S2-Veggie straws/water	21 B-waffles/strawberries/milk L-turkey/cheese pinwheels/black beans/applesauce/milk S1-vanilla wafers/pudding/water S2-goldfish/water	22 B-cinnamon raisin toast/milk L-roast with gravy/creamed potatoes/pineapple/milk S1-vanilla yogurt/cheerios/water S2-animal crackers/water	23 B-biscuits/gravy/milk L-mac-n-cheese/sweet peas/carrots/peaches/milk S1-rice Krispie treats/milk S2-cheezits/water
26 B-honeycomb/milk L-BBQ chicken/baked beans/garlic toast/diced pears/milk S1-string cheese/ritz /water S2-teddy graham /water	27 B-pancakes/strawberriess/milk L-cheese pizza/green beans/applesauce/milk S1-oatmeal cookies/milk S2-goldfish/water	28 B-grits/milk L-baked ham/ sweet potatoes/mandarin oranges/milk S1-hummus/crackers/water S2-berry colossal cereal/water	29 B-cheese toast/milk L-meat sauce with spaghetti pasta/corn/pineapple/milk S1-mix berry yogurt/cheerios/water S2-nutrigrain bars/water	30 B-biscuits/ham/milk L-red beans/rice/cornbread/milk S1-Halloween Snack S2-cheezits/water

B = Breakfast / L = Lunch / Snack 1 is at 2pm / Snack 2 is at 4pm (Milk at breakfast, Milk & Water at lunch, 100% Juice or water for Snack) *Fresh Fruit served when Available